STEP BY STEP
INSTRUCTIONS

Get It! Game

1. Build arousal. Grab a big, soft, squishy toy and tease your dog with it - think flirting. In this step, don't actually let them get the toy. Watch carefully for the point where they are highly engaged and excited, but just before they tip over into too much arousal. The goal here is to learn what their threshold looks like.

2. Again, tease your dog towards "the spot." Just before they tip over, freeze and hold the toy out. As they take it, say "Get it!" and immediately start playing. Once they understand the pattern, say "Get it" just before they grab the toy.

3. *Getting the toy back: After plenty of play with the toy still in their mouth, completely freeze the game but do not let go of the toy. Make toy as still as possible. Walk one hand underneath their chin, gently pistol grip underneath the jaw and guide the toy out of their mouth. The moment they let it go say "Ta".

4. Again, tease your dog and build their arousal towards "the spot." Just before they tip over, gasp, hold the toy up on the air and freeze for a second. Then smack down the toy onto the ground. As soon as they put their mouth around it, say "Get it!" and immediately start playing while they keep the toy in their mouth.

YOU'VE GOT THIS!

