STEP BY STEP INSTRUCTIONS

Food To The Floor Game

1. Hold the enrichment up and out from your body. Look at you puppy softly. Do not ask your puppy to sit, wait for your puppy to offer the sit. When they do, the game can start.

2. Slowly begin to lower the enrichment. While ever your puppy holds space, continue to lower it all of the way to the ground.

3. If your puppy inches closer, pause. If they reset, then continue down. If they jump, lunge, paw, or try to grab it, cover it with your hands, but do not raise it back up. Don't say anything. If they reset, continue down. If they continue to try to get it, then you can lift the enrichment away.

4. Once you can lower it all the way without your puppy rushing, place it on the floor while keeping your hand over it. Slowly uncover the enrichment. If the puppy goes for it, cover it again. Repeat until your puppy holds space and it is uncovered.

5. Pause briefly. Start with only a second. The puppy does not need to hold a long wait. Give a clear release cue; “Get it,” “Okay,” or another consistent cue, and point to the enrichment for them to get.

YOU’VE GOT THIS!

